

## **Kinderwood Children's Center Menu**

Week 2 & 4

Room 1-3

	<b><u>Breakfast</u></b>	<b><u>Lunch</u></b>	<b><u>Snack</u></b>
<b><u>Monday:</u></b>	Waffles 1/2 serving w/butter Peaches 1/4 C Milk 1/2 C	Spaghetti 1/4 C Applesauce 1/8 C Pea/Carrots Medley 1/8 C Milk 1/2 C	Yogurt 1/4 C Water
<b><u>Tuesday:</u></b>	Special K Cereal 1/4 C Applesauce 1/4 C Milk 1/2 C	Grilled Cheese Sandwich Mandarin Oranges 1/8 C Green Beans 1/8 C Milk 1/2 C	Life Cereal 1/4 C Water
<b><u>Wednesday:</u></b>	Toast 1 slice w/butter Tropical Fruit Salad 1/4 C Milk 1/2 C	Fish Sticks Raisins 1/8 C Peas/Carrots Medley 1/8 C Milk 1/2 C	Whole Grain Goldfish Crackers 1/4 C Water
<b><u>Thursday:</u></b>	Cheerios 1/3 C Mandarin Oranges 1/4 C Milk 1/2 C	Cheese Quesadillas Peaches 1/8 C Green Beans 1/8 C Milk 1/2 C	Applesauce 1/4 C Water
<b><u>Friday:</u></b>	Nutrigrain bar 1 Serving Applesauce 1/4 C Milk 1/2 C	Macaroni & Cheese 1/4 C Mandarin Oranges 1/8 C Peas/Carrots Medley 1/8 C Milk 1/2 C	Graham Crackers 1 Serving Water

### ***Menu is subject to change if needed***

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January 2019